

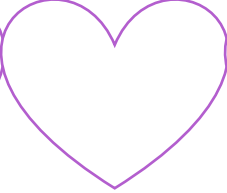
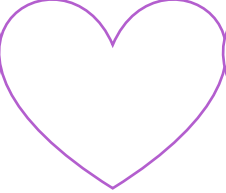




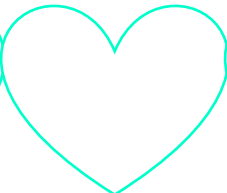
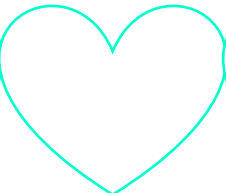
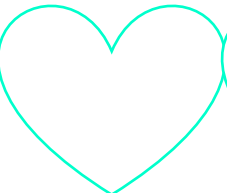
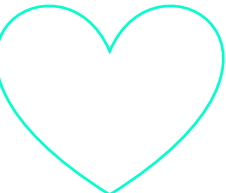


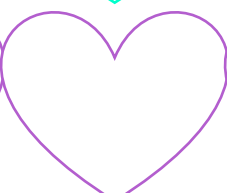
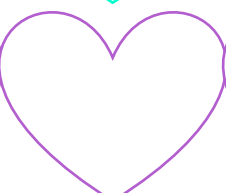
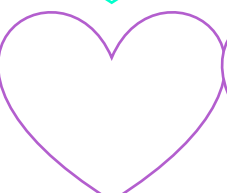

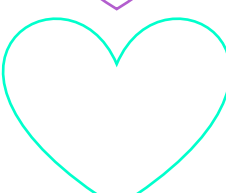
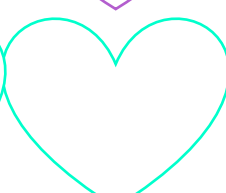
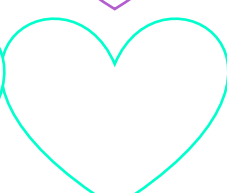
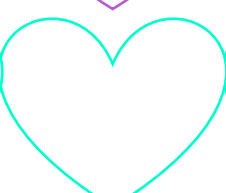
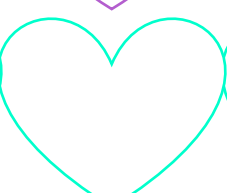
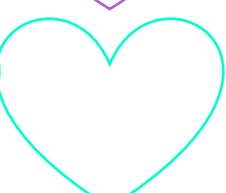
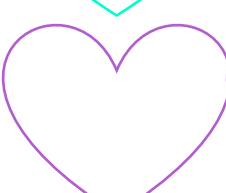
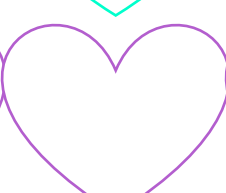
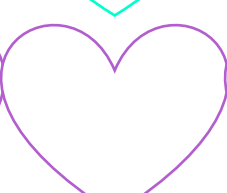
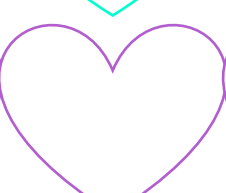
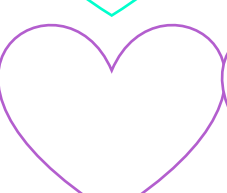
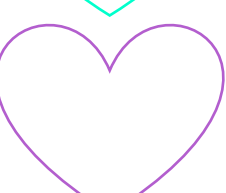
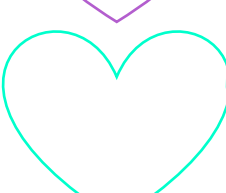
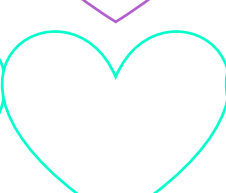
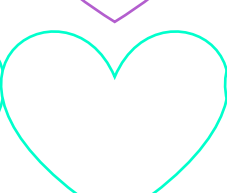
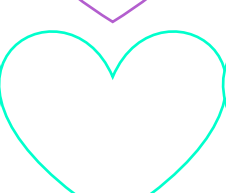
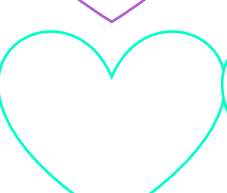
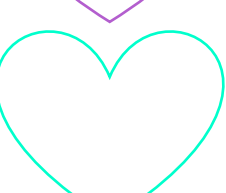
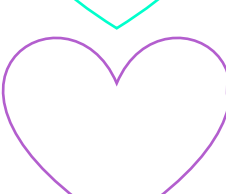
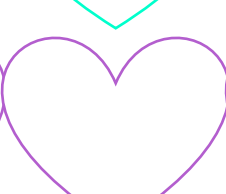
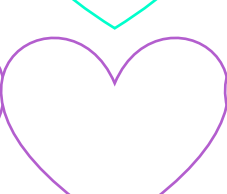
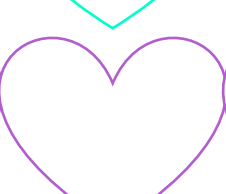
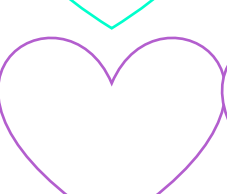
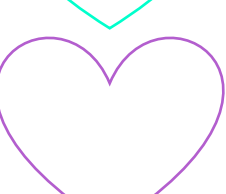
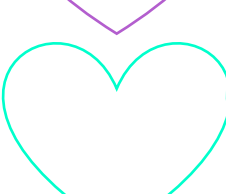
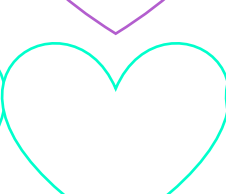
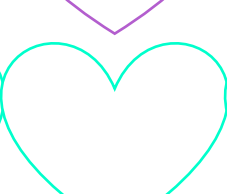
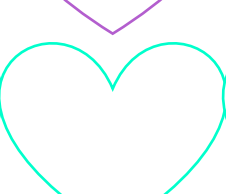
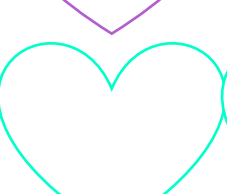
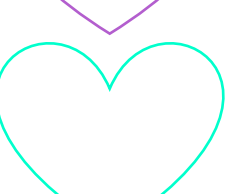


# Exercise Chart

One sticker for every 10 minutes of exercise

						1 hour
						2 hours
						3 hours
						4 hours
						5 hours
						6 hours
						7 hours
						8 hours